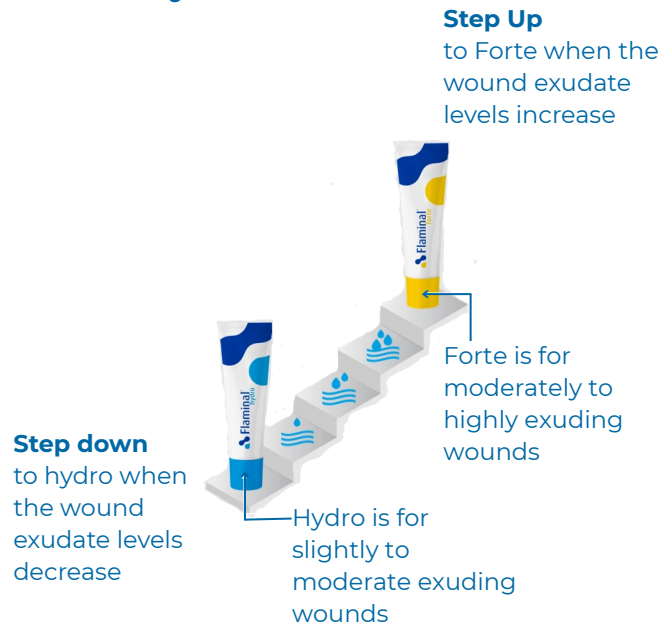




Two formulations to manage exudate levels effectively



Guidelines for Using Flamin[®]al Hydro and Forte

Information for patients



If you have any questions relating to use of Flamin[®]al, please get in touch with:

For any questions about your wound care, we recommend contacting the Dressing clinic during working hours.

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What is Flaminal[®]?

Flaminal is an advanced wound healing gel that combines enzymes with alginates to create an effective enzyme alginogel.

How does it help?

- **Keeping** the wound clean and moist
- **Providing** antimicrobial protection
- **Reducing** wound odour
- **Regulating** excessive protease activity
- **Protecting** wound edges

Where can it be used?

Flaminal is safe to use on **all types and tissues stages**, supporting healing throughout every phase.

How to use

! Always start with clean hands - Perform hand hygiene

For superficial wounds

1. Gently **clean the wound** with lukewarm water or under the shower. Pat dry with a clean towel or sterile gauze.

2. **Apply a thick layer** (4-5mm) of Flaminal Hydro or Forte as on the picture.



3. **Cover** with a secondary dressing as recommended in your care plan.

For Undermined wounds, Cavities & Sinuses

1. **Irrigate and clean** the wound using a syringe or in the shower as shown by your nurse or healthcare provider.
2. **Pat** the surrounding skin gently with a clean towel or sterile gauze.

3. **Apply Flaminal** using syringe into the wound cavity, as directed (see picture 2)
4. **Cover** with a secondary dressing as per your care plan.



FAQ

Why does my wound look bigger?

- This can happen during the **debridement process** as dead tissue is removed. It is normal and temporary.

Why has the gel changed colour?

- Flaminal may turn from clear to opaque due to its natural alginate content. This is **not a sign of infection**.

What about odour?

- A **faint odour** is normal with alginates. A sudden, strong smell may require review by your nurse or doctor.

I see white flakes in the wound - is this normal?

- This may mean the wound is too dry. **Switch to Flaminal Hydro** if using Forte.

What if the gel becomes too runny?

- The wound may be too wet. **Change to Flaminal Forte** for better absorption.

What is overgranulation?

- If raised, dark red tissue appears for reasons other than infection or friction, stop using Flaminal to reduce cell growing and contact your nurse for wound review.

Storage

- Once opened, Flaminal can be stored at **room temperature for up to 12 months** (if recapped properly)
- It can be **refrigerated before use** for a cooling, soothing effect.

Antimicrobial Protection

- Flaminal contains **two enzymes** (glucose oxidase & lactoperoxidase). The reactive oxygen **destroys** bacteria within the **gel matrix**.

Precautions

- Do not use if allergic to alginate or propylene glycol
- Avoid contact with eyes
- Keep the cap on after use
- Do not use after expiry date on the tube/box

Wound Care Plan for _____

- **Clean with** _____
- **Care of the surrounding skin** _____
- **Dressing 1** _____
- **Dressing 2** _____
- **Dressing 3** _____

- **Frequency of dressing change**

Daily ☐

Alternative Days ☐

Twice weekly ☐

Nurse / staff: _____